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cancers. That's w to cleanse in a way matter from your po agree. "If you don't wash you. not allowing skin's natural repair sanna Vargas, a facialist to radiant A-listers like ee you will wake 711. up to puffier eyes, darker circles, and Is uckily there are an increasing number of options, fro balms to tvanced sonic cleansing brushes, that get even the timle out while 1 glowing-and more receptive to antiaging serums. Ch ie right method on skin type and preference. Among the latest innovatio :ellar technology. ables cleansers to act as makeup remover and toner in c. icellar water has dro ¹V oils, suspended in ash it away," explains a it that help to grab on to debris nzi, a Washington, D.C., dermatologist. The cle which contain no soa , are applied to dry skin and wiped off wi n ball, making them is ative types. Try La Roche-Posay Physi vicellar Solution (\$21) or icellar Lotion Cleanser (\$20), C' alms, with a rich texture to s on contact, ag. "They are particularly goo have a large cul. complexions," says Amanda Lacey, an in-demand London facialist. "Warm a bean-size bit of balm in your hands, massage it in, and then remove it with a damp cloth for gentle exfoliation." The balm squad is Continued on page 638















